

## **SPECIFICATIONS OF SCOPE OF WORK**

### **Leasing of Cardio Fitness Equipment**

The City of Manchester is requesting bids to enter into a 60 month (5 year) lease to purchase for selected Strength Equipment.

#### **Location:**

The Manchester Recreation Complex located 557 North Woodland Street, Manchester TN 37355. Telephone number is 931-728-0273

#### **SCOPE OF WORK:**

**Provide the following specific Strength Equipment in a 60 month (5 year) lease to purchase.**

- 1. 6-Station Multi Jungle Single Pod, Prone Standing Leg Curl, Leg Press, Seated Leg Extension, Utility Bench, 3-tier D-Bell Set, Master Press, Nordic Curl, Linear Leg Press, Torque Tank**

**Specifications of Equipment for lease to own.**

#### **6-Station Multi Jungle Single Pod**

Base Cage with Triceps Extension, Hi-Lo Pulley, Lat Pulldown, Low Row, Stand Alone Hi Lo, Cross Over Pull up Station and Accessories. Product Dimensions are 194.50" L x 142.50" W x 93" H. Product Weight 2,017Lbs.

#### **Standing/Prone Leg Curl**

Machines has adjustments to allow for standing and prone leg curl variations with ability to do unilateral or bilateral in the laying position. Self-adjusting roller pad. Stabilizing grips for both standing and laying position. 300lb weight stack. Slide Select system for weight selection. Solitary weight system allowing for adjustment in five pound increments on the two hundred and three hundred pound systems. Product width 42.50", 48.38" Height 53" Length, Machine Weight 550Lbs.

#### **Leg Press**

Suspended 4-bar linkage with a strength curve with no drop off. Oversized foot plate with anti-slip rubber surface. Extra raised foot- plates for calf presses, Entry/exit assist handle 63" Long, 44.25" wide, 48.50" High. Product weight 782Lbs. Weight Stack 300lbs. Slide Select System for weight selection.

#### **SEATED Leg Extension**

Self- adjusting roller pad. Large easy to control range of motion lever for exercise arm. Counter-balanced arm for easy adjustments. Stabilizing handles with gas-spring assisted seat back adjustment with easy to reach lever. 300lb weight stack. Slide Select system for weight selection. Machine dimensions are: 41.50" wide, 48.50" high, 49.75" long. Machine weight 626lbs.

#### **Utility Bench**

Tripod frame design. Integrated foot rests. Product Dimensions: 49" long, 30" wide, 36.64" high. Product Weight is 54lbs. Maximum exercise weight capacity is 800lbs.

### **Torque Tank**

Weight Sled with double braking system that allows different resistance levels to be set depending on which side of the TANK you're pushing or pulling from. No need for additional weight to be added to the sled due to the double brakes. Accessory tray in the middle for storage. Performance Handles come standard. Product weight is 198 lbs (89.8 kg) DIMENSIONS (L X W X H) 52.4 x 31.9 x 37.1 in ( 133 x 81 x 94 cm)

### **Angled Linear Leg Press**

Back pad adjusts to five different positions. Assist bar positioned on footplate for easy entry/exit. Dual turn lock-outs for user safety. Fully enclosed linear bearing allows for a smooth and quiet motion. Polyurethane covered weight racks to protect frame and reduce noise. Can accommodate up to 26 weight plates on integrated exercise weight horns. Maximum weight storage capacity: 720 lbs (327 kg) Maximum exercise weight capacity: 1,000 lbs (454 kg) Product Width: 61.25" (156 cm) Product Height: 78.25" (199 cm) Product Length: 97.25" (247cm) Machine Weight: 590 lbs. (268 k

### **Master Press**

Vertically Adjustable Carriage. Carriage Adjustable to 40 Different Positions. Independent Converging Press Arms. Variable Resistance with 8-Position Weight Plate Storage. Counter-Balanced Carriage with Heavy-Duty Kevlar Reinforced Drive Belt. Heavy-Duty Automotive Grade Pulleys

### **Nordic Curl**

Nordic Curl is a multifunctional made of 11 gauge commercial grade steel frame. The surfaces must be powder coated finish or nickel plated. Dimensions 80 inches x33.5 inches x31 inches. Weight 347lbs.

### **Horizontal Dumbbell Rack 3 Tier**

Foot clearance under bottom tier for easy access and added safety • Polypropylene covered weight saddle• Stores up to ten dumbbells on each tier (15 pairs total) Product Dimensions L x W x H: 98.20" (249 cm) x 27.25" (69 cm) x 38.93" (98 cm) • Product Weight: 268 lbs (122 kg) • Maximum weight per tier: 1,400 lbs. (635 kg) • Maximum weight storage capacity: 4,200 lbs (1,905 kg)

### **5-100# Urethane Dumbbell Set (2)**

Dumbbells have Ergonomic handles. They are steel with heavy-duty rubber with chrome handle.

**Warranty:** Must provide what warranty will come with the equipment and the Service Agreement to repair.

### **Shipping/Installation**

All shipping and installation fees should be included into the lease/rental.

**Bid Opening is 10:00am Monday, May 24 at all sealed bids need to be sent to the Finance Office of the City of Manchester at 200 West Fort Street, Manchester TN 37355.**